



OCTOBER 2021

## President's Message

NFWC Ladies!

As we s-l-o-w-l-y move into lower temperatures for fall, I anxiously await being outside without being hot. Oh gosh... a sweater! Doesn't that sound fallish? My friends in other parts of the country are already wearing them and some have already had snow.

On the other hand, we are lucky to have a second season for tomatoes, bees still busily pollinating and a fake-it-til-you-make-it attitude with fall decor and pumpkins everywhere. October brings more lingering outside (National Neighbor Night Out was October 6) followed up by Halloween at the end of the month.

October for NFWC, is loaded with activities. We had our first Field Trip to the Van Gogh Immersive Experience October 8 and the Special Interest Groups are off and running with most groups meeting for the first time during this month. All eleven groups have leaders (links can be found here [Nottingham Forest Women's Club](#)) and some have events planned through April already. The end of the month will bring us together again for a special presentation from **Crimestoppers of Houston** at our **October 26 meeting**, as there was interest in learning more about keeping our neighborhood safe.

So get those sweaters ready, ladies! Hopefully we'll need them before we put our Christmas lights out!

Take Care,

Darlynn Lydick

## September Meeting

October 26, 2021

9:30 a.m. at NFC



Safety first!

We'll take care of NFWC business and get the latest on crime prevention from Crimestoppers of Houston. Refreshments served. Masks optional.

You may donate to Crimestoppers of Houston [here](#), if you like.

### Philanthropy Collections: September were \$168

Included Donation via *all new NFWC Q-Square* (make mobile payments/donations from your phone ) along with Cash collected at meeting.

We will be submitting to Houston Food Bank under a matching opportunity...

Generous kick off the new year!

## GOURMET FOODIE GROUP

If you enjoying cooking, learning about new cuisines or exploring the food scene in Houston, come join the Gourmet Foodie group! Meredith has unique culinary adventures planned for our group, starting with our kick-off gathering on Thursday, October 21 at 7:30 PM to learn how to make a couple of cocktails perfect for the holiday season. Reach out to Meredith @ [mmwincz@comcast.net](mailto:mmwincz@comcast.net) for additional details.

### CALENDAR OF EVENTS

Here's what foodie fun is in store for our group in the upcoming months.

#### OCTOBER

Thursday, October 21 @ 7:30 PM

14410 Broadgreen

Cocktail demo with "The Foodie Pages" learning two cocktails for the holiday season. Light bites served.

**\$25 / person**

**Unlimited ladies**

#### NOVEMBER

Friday, November 19 @ 6:00 PM

Dumpling making class with the Dumpling Dudez in their kitchen in EaDo (East Downtown). Enjoy a dumpling starter (i.e. chorizo mac & cheese dumpling), followed by dumpling making class learning how to craft two different type of dumplings, ending with a dessert dumpling (i.e. strawberry chocolate cheesecake). Event is BYOB and Dumpling Dudez will provide a list of suggested pairings closer to class date.

**\$109 / person (includes tax & gratuity)**

**Limit 16 ladies**

**Please note that some events have an attendee cap per the venue. Payment via Zelle or Venmo (@Meredith-Winczewski) will be your official RSVP.** If you know you want to attend, send in your Venmo RSVP as soon as you can. Please make sure you include the event & your name in the Venmo comments, especially if your Venmo user name is not clearly your name.

The NFWC Directory is on our Website

<https://www.nfwomensclub.com/>

The password to access the Members Only information is:

**NFWC21-22** Username is: **NFWC**

Make sure to follow the NFWC FB page for all sorts of information and details about activities.

<https://www.facebook.com/groups/1822935081354364>

## GARDEN CLUB

Got a green thumb? Or are you interested in gardening?

It is not too late to join the garden club as we are just "digging" in –

Contact Barbara Lohff 713-553-9264 [sanchez-lohff@att.net](mailto:sanchez-lohff@att.net)



### IN THE GARDEN:

October is the month to cut back your milkweed.

It is recommended to prune the milkweed stalks to **about 6 inches in height** during the fall and winter months to discourage monarchs from establishing winter-breeding colonies.

They need to migrate.

<https://buchanansplants.com/monarch-migration-in-3-simple-steps/>

The Van Gogh Expo field trip was a huge success. We had 16 ladies attend and enjoy lunch together before the immersive experience. Everyone had a great time. Stay tuned for news on our next field trip.....



## Philanthropy Update 10/12/21

Thanks to your generosity we delivered over 500 coffee pods, hot cocoa, tea bags, condiments, snacks, and breakfast bars to Thornwood Elementary to stock the Teacher Lounge. Additionally, we were able to buy books for the Pre-K and Kindergarten classrooms. A special shout out to Amy Watkins who scored a case of coffee cups and helped to purchase, sort, label, and distribute books!!!

At the September meeting the collection for the Houston Food Bank netted \$168 – way to go ladies! Patricia found a matching donor so that doubles our contribution! According to the HFB every \$1 that is donated helps to provide 3 meals! Our October meeting speaker is from Crime Stoppers and our monthly collection will go to their organization.

We were originally planning a group volunteer outing to “Belong”, a new venture that allows developmentally disabled young adults to work and contribute. They are not currently set up for groups but check them out [HERE](#) to see individual volunteer opportunities and their weekly menu. They prepare dinner dishes to go, along with fresh baked goods, coffee, and breakfast tacos!

We are targeting the first week of November for a group volunteer outing to Kids Meals. The mission of this group is to end childhood hunger by delivering free healthy meals, year-round to the doorsteps of Houston’s hungriest preschool-aged children. I am working to arrange a group shift – most likely in the morning. We would probably be preparing or packaging meals. If you are interested, please let me know so I have an idea of our group size. You can text or email me. Debbie Sohmer – 832-434-3916, or [dcsohmer@yahoo.com](mailto:dcsohmer@yahoo.com).

Thank you for your continued generosity!!!

### **EVENING BOOK CLUB**

We are excited to get our new evening book club started. Our initial meeting will be on Thursday, October 14 at 7:00 pm. We have approximately 10 ladies so far and would love to have more members join us. Please contact Diane Swan at [swan.dive@att.net](mailto:swan.dive@att.net) if you are interested in learning more.

### **DAYTIME BOOK CLUB**

The NFWC Daytime Book Club will have its first meeting on November 9, 2021 at 9:30 am at Frances Steffensen’s house, 14354 Broadgreen. Please contact Frances at [frances.steff@comcast.net](mailto:frances.steff@comcast.net) if you would like to attend. The first book we will read is “The Boys in the Boat” by Daniel James Brown. All are welcome!



## Hooks & Needles

Hooks & Needles - Friday, November 5<sup>th</sup> @ 10:00am - Tree House Craft Coffee & Frozen Yogurt, 14008 Memorial- All Are Welcome!

For questions, contact Jodie Stewart ([ayechica@sbcglobal.net](mailto:ayechica@sbcglobal.net)) or Alison White ([alisonw1025@gmail.com](mailto:alisonw1025@gmail.com)).

## PICKLEBALL

Are you interested in learning America's fastest growing sport?

If so, contact Barbara Lohff 713-553-9264 [sanchez-lohff@att.net](mailto:sanchez-lohff@att.net)



## First Tuesday Lunch Bunch

*If you are interested in continuing the "First Tuesday Lunch Bunch" this year, please contact Barbara Robins, [brobins.cpa@hotmail.com](mailto:brobins.cpa@hotmail.com), 281-615-0936.*

## 2021-2022 NFWC Officers

### Elected Officers

**President: Darlynn Lydick**

**1st VP Programs:**

**Marta Henderson**

**Sheila Jones**

**Amy Watkins**

**2nd VP Membership: Jennifer Balevic**

**Secretary: Susan Thomas**

**Treasurer: Patricia Redman**

### Appointed Officers

**Communication (newsletter): Diane Fishman**

**Communication (website): Janice Schwartz**

**Field Trips: Alison White/Ellen Popejoy**

**Parliamentarian: Traci Mundwiller**

**Hospitality: Jill Lewis/Helen Pearce**

**Home Tour: Bridget Williams/Deb Jones**

**NFC Liaison: Michelle Higgins**

**Thought for the Day: Dunovan Thomas**

**Philanthropy: Debbie Sohmer**

**Table Decorations: Chris Grow**

**Please visit the NF Women's Club website for contact information.**

**<https://www.nfwomensclub.com/>**

## HAPPY HOUR GROUP

We are looking so forward to the NFWC Happy Hour group getting together in early November. We'll have cocktails and share festive Happy Hour ideas. We will be sending out details soon.