



MARCH 2023

NOTE FROM THE PRESIDENT

Spring is springing! I'm giving the new garden another go around and hoping for better results than last fall. Our ranch is only an hour north of Nottingham Forest but its a different plant zone and my sun angles are limited. I'm still successfully growing micro greens (from Garden Club workshop) and my pastures are green, but my raised beds are not producing food like the ones on Clear Spring. I was spoiled!

We have two more spring meetings left -- home organizing and classical music. I look forward to seeing all of you and your welcoming smiles. In the meantime, enjoy the spring weather and your friendships and activities with other ladies in the NFWC.

Take care,

Darlynn Lydick



The **Sunshine Committee** is here to share a little kindness!! Please let Us know if there is anyone in the neighborhood needing get well wishes, uplifting thoughts, congratulations, or condolences. Contact Mary Crain mcrain111@aol.com or Susan Pugliano txpugs@hotmail.com. Also, look for the link on the NF Women's Club home page.

NEXT MEETING TUES., MARCH 28TH AT 9:30AM

NFWC MEETINGS



Simply Organized Chaos
Kara Irvine of Simply Organized Chaos will give us ideas on how to get our homes organized just in time for Spring cleaning.

CALENDAR OF EVENTS

MARCH

- 3/7 Hooks & Needles 2:00
- 3/9 Garden Club meeting 1:00
- 3/9 Evening Book Club 7:00
- 3/15 Picnic Happy Hour in the Park 4:00
- 3/20 Foodie Outing – Heights Tour 11:00
- 3/22 Fun with Games 6:30
- 3/28 NFWC Meeting 9:30
- 3/31 Philanthropy Outing – CAP 9:00

Happy Hour Picnic In The Park! All NFWC members are welcome!

Come join the fun at NFWC's Happy Hour Picnic in the Park! This is open to ALL members of NFWC. No cost - bring your favorite appetizer, dessert and/or wine to share. We will provide paper goods and a signature cocktail. In case of bad weather, we will reschedule for a later date.

Thursday, March 15th 4-6PM
Nottingham Forest Park, 325 Kickerillo
Hosts: Ellen & Kim



EVENING BOOK CLUB

The Evening Book Club meets the second Thursday of the month at 7:00 pm at members' homes. A good book, a lively discussion with other book lovers, snacks and wine make for a great evening out!

Contact Diane Swan at swan.dive@att.net if you are interested in learning more.

Upcoming book selections for Evening Book Club:

March 9: *The Measure* by Nikki Erlick

April 13: *The Three Lives of Alix St. Pierre* by Natasha Lester

Hooks & Needles

The next Hooks & Needles gathering is **Tuesday, March 7th at 2pm** at the home of Karen Baker - 14326 River Forest. Bring whatever project you're working on and join us for a fun afternoon of joyful creativity. All are welcome! For questions, contact Alison White at alisonw1025@gmail.com.

Next Fun with Games Night:

**Wednesday, March 22nd @
6:30**



MARCH in the Garden

- **Prune roses.** Now is the time to begin applying rose food on a monthly basis. I.e. Rose Glo, an organic fertilizer.
- **Prune trees and shrubs** while dormant. Don't butcher your crepe myrtles!. Prune spring-flowering shrubs such as azaleas, spireas, and redbuds after they've bloomed. Feed with Nutri Star or Micro-life, once after they bloom and then again in June
- **Birds** -Clean birdbaths and feeders. Keep feeders full!! Our feathered friends are hungry.
- **Hummingbirds** -Put out hummingbird feeders. It is migration time! To keep birds at your feeder, maintain a fresh nectar supply, and empty and wash the feeder each time you refill. Hummingbirds remember where they find a reliable food source and will return year after year.
- **Feed Hibiscus, Bougainvillea, Plumeria, with Nutri Star.** This will help plants to put out new lush growth and plenty of blooms
- **Mulch** -Spread a fresh layer of mulch around trees, shrubs, and beds to protect roots, retain moisture, and prevent weeds.
- **Pests** -Apply dormant oil to smother insects before they become a problem. Apply to hollies, magnolias, and camellias for scale.
- **Houseplants** -In mid-March, move houseplants outside into shade and repot if necessary. Feed with fertilizer.
- **Plant veggies** -peppers, okra, cucumbers, eggplant, climbing spinach and more.
- (check vegetable planting calendar for Harris County <https://harris.agrilife.org/hort/publications-links/veggies-herbs/>)
- **Plant fruit trees, shade trees, and ornamental trees.** Be sure to apply mulch around the root zone to keep moist and avoid weeds. Make sure trees are watered regularly during first few years of growth, while tree acclimates. Add mycorrhizae to planting hole to also aid establishment of the tree. Use *Super Thrive* or *Root Stimulator* every few weeks for the first three months after planting.
- **Plant shrubs such as roses and azaleas.** Use a Root Stimulator every two weeks for the first few months after planting.
- **Plant Sun Perennials** – examples include Shasta daisy, rudbeckia, gaillardia, verbena, coreopsis, lantana, perennial salvias, bee balm...
- **Plant colorful Shade Perennials- examples include** firespike, shrimp plant, Persian shield, leopard plant, cat whiskers, ruellias, turk's cap, sweet potato vine...
- **Plant color annuals** such as marigolds, petunias, osteospermum, perilla, coleus, dusty millers, annual phlox, geraniums, impatiens, begonias...
- **Plant herbs – basil, rosemary, thyme, oregano , chives**

Meeting – Thursday, March 9th
NFC Clubhouse 1:00
guest speaker- John Panzerella
Panzarella Citrus
Growing Citrus in Houston

*all women's club members are welcome

SPRING FIELD TRIP

Join us on **Friday, April 14th** for a fun day at The Brookwood Community in Brookshire. Founded in 1983, Brookwood is a God-centered non-profit residential and vocational community for adults with disabilities. We will start our field trip with a lovely lunch (more than likely, the 11am seating - firm details to come) in the beautiful cafe at Brookwood and then take a guided tour of their facilities. Afterward, you'll be able to shop both the garden and gift shops (which are spectacular!) at your leisure. Look for a SignUp Genius in your inbox soon - we'll need exact numbers, especially if you plan to have lunch with us. The drive is about 30 minutes, so carpools are encouraged. If you need help finding a ride, please contact Alison at alisonw1025@gmail.com.

Philanthropy Update Philanthropy Newsletter March 2023

Important Update: Our upcoming volunteer outing to CAP (Citizen for Animal Protection) has changed to Friday 3/31 from 9 to 11am. Plan on joining us for some Friday fun at CAP as we walk, play with, and socialize a host of furry friends. Afterward we will enjoy lunch – restaurant TBD. In conjunction with our outing, we are holding a donation drive benefitting CAP – see the list below for the most pressing needs. A donation bin will be at Debbie's house – 510 Clear Spring. No time to shop? We'd be happy to do that for you. We need a minimum of 5 to volunteer as a group. Please text or email Debbie at 832-434-3916 or dcsohmer@yahoo.com if you can make it. Carpools will be organized.



What we need the most...

Very High Need High Need Moderate Need No Need (at the moment)

Updated 2.1.23



For Dogs

- Very High Need: Dry Dog Food
- High Need: Dry Puppy Food
- Moderate Need: Canned Adult Dog Food
- No Need: Canned Puppy Food
- High Need: Soft Treats (Pupperoni, etc)
- Very High Need: Esbilac Puppy Milk Replacer
- High Need: Kong Fillers

For Cats

- High Need: Dry Adult Cat Food
- High Need: Dry Kitten Food
- Moderate Need: Canned PATE Cat Food
- High Need: Canned Kitten Food
- Very High Need: Royal Canin Kitten Food
- Very High Need: Royal Canin BabyCat Food
- High Need: Pill Pockets

Supplies

- Moderate Need: Bleach - No Scent/No Splashless
- High Need: Antibacterial Wipes
- Very High Need: Cotton Balls
- High Need: Q-tips
- Moderate Need: AA/AAA Batteries
- Moderate Need: Lysol Spray
- Moderate Need: 91% Alcohol

Easily shop & donate via our online wishlists:



Amazon Smile donations end 2/20/23 but we will still have an Amazon Wishlist

Amazon Wishlist
<http://bit.ly/CAPamazon>
amazonsmile
You shop. Amazon gives.

Chewy Wishlist
<http://bit.ly/CAPchewy>
chewy.com
where pet lovers shop



Thank you to all who donated to purchase books for Thornwood Elementary classrooms. We were able to purchase 57 Pre-K through 5th grade books. The teachers and kids were over the moon excited!!!! Debbie and Bridget

Foodie Group Upcoming Events

We have a busy Spring in the Foodie Group. As you can see all events have a minimum or a maximum, please RSVP and pay as soon as possible. Specific evites will come out at least one month before each event. If you want to go to all of them and know that in advance feel free to contact me by email, kellyeb6@gmail.com and I will get you signed up. Thanks for your participation in this fun group.

March 20, 2023 at 11:00 – Heights Tour \$90.00 – Maximum 20 people.Tour 4 restaurants more details to come!

April 20, 2023 @ 6:30– Well Done Cooking Class – Dinner in New Orleans \$85.00 including gratuity – Click the link for details about this interactive event, this event is BYOB if you choose. Minimum 16 people

[Dinner in New Orleans](#)

May 10, 2023 at 6:30 – Foodie End of Year Party at the Club - between \$90 - \$100 per person including gratuity– Seafood Paella Dinner catered by Essential Kitchen’s Chef Luis Martinez - BYOB if you choose.

Other upcoming projects

- Late May/Early June – Field trip to Korean BBQ? I am happy to set it up if you are interested.
- Creating a Nottingham Forest Women’s Club cookbook – “An in-progress project”

Are you interested in learning about Citrus?

All women club members are welcome come to this month’s Garden Club Meeting

When: **Thursday, March 9th 1:00**

Where: NFC Clubhouse

Who: guest speaker- John Panzerella of Panzarella Citrus

What: **Growing Citrus in Houston**

John, widely regarded as a “citrus guru” for the Gulf Coast, will cover just about anything you might want to know about the care and keeping of citrus and fruit trees of all sorts - be it in the ground or in a pot, you can grow your own fruit!

<https://www.panzarellacitrus.com/>

