



SEPT 2022

President's Message

NFWC Ladies,

I wish I could have known Edith Moore. I think about her every time I drive past the land she donated to the Houston Audubon Society just off Memorial Drive. You might think, "Really, Darlynn?" But yes, her thoughtful donation in 1975 has provided a nature sanctuary in the middle of a busy suburb and city of millions. Education for children, a home for the Houston Audubon Society and a peaceful area for walks, bird watching and nature discovery are all possible because of her gracious donation.

Knowing that, you can bet I am thrilled that the guest speaker for our September meeting will be from the Edith L. Moore Nature Sanctuary! They will speak about the nearby nature preserve with a focus on hummingbirds, their migration habits and what we can do to help them out in our own backyards. They will also be our non-profit donation opportunity for the month, so bring a few dollars, if you like, or donate via PayPal link on the agenda.

As far as NFWC membership goes, we had about 85 renewals during the last week of August — a record I'm sure for this early in the season. I look forward to getting more people signed up by the meeting in September. Make sure you update your 2022-23 dues so you can participate in all the activities, Special Interest Groups, etc. It's the best \$30 investment you can make in yourself. The first round of Book Tribe books will be distributed on the 27th, book clubs are meeting during September, a Bible Study on the *Book of John* begins September 22 and Garden Club meets on the 29th. All sorts of nourishing activities — check the calendar for more.

I look forward to seeing you on Tuesday, September 27th at 9:30 a.m. for our first fall meeting!

Cheers and take care,

Darlynn Lydick

P.S. You can read more about the ELM Nature Preserve and the cabin that she and her husband built in 1932 by clicking [HERE](#)

NEXT NFWC MEETING SEPTEMBER 27TH @ 9:30 AM

Kathy Swezey from Houston Audubon will join us to talk about hummingbird migration. She will explain how we all can help them and other birds as they pass through our region. She will also talk to us about the Edith Moore Sanctuary near us and all it has to offer.



CALENDAR OF EVENTS

SEPT

12th – Game Night 6:30pm

22nd – Bible Study

27th – NFWC Meeting 9:30am

29th – Garden Club Meeting 1:00 pm

OCT

4th – Daytime Dining 11:30am

4th – Hooks & Needles 2:00pm

11th – Daytime Book Club

13th – Garden Club Meeting 1:00pm

13th – Evening Book Club 7:00pm

21st – Field Trip -9:00am

All are welcome – Join NFWC now to participate in any of these fun groups! You can pay your dues online or bring a check to the first meeting

CLICK ON THE LINK [HERE](#) TO JOIN



Sign up for Special Interest Groups

You can now sign up for NFWC Special Interest Groups online! Paper sign ups will also be available at the meeting.

It is so easy - just click this link and pick your group:

https://docs.google.com/forms/d/e/1FAIpQLSejexBcKA_P9cJcPAb6YTU5GRsakAQR0DD0I72IKXp-rnb7Q/viewform

Philanthropy Update

Happy Fall, Y'all! As mentioned in last month's newsletter, our group will be supporting Family Point Resources this year, as well as some other great organizations!

This month, we are collecting supplies for Family Point Resources' new Crafting Club! The Crafting Club is the newest of many wonderful enrichment opportunities Family Point offers in their after-school program.

The attached Amazon wish list includes the items needed, (but if you have any of these items lying around the house, Family Point will gladly take them)!

https://www.amazon.com/hz/wishlist/ls/GZSF3FK898RM?ref=wl_share

If neither of these options work for you, Venmo Bridget Williams (@Bridget-Williams-57) and she will gladly do the shopping for you. Please drop off items in the bin on Bridget's porch (407 Kickerillo Drive) between **Tuesday, September 13-Friday, September 23.**

Upcoming Volunteer Opportunities:

Friday, November 4th: Join us for lunch in the Heights and a volunteer shift at Kid's Meals.

Lunch at 11am, volunteer shift from 12:30 – 2:30pm. Use this link to register

<http://nottingham.kidsmealsinc.volunteerhub.com/>

Saturday, December 10th: Family Point Resources Christmas Store. Volunteers and donations will be needed. Details coming soon!

Debbie and Bridget



September in the Garden

This month in your garden:

- **Fall soon will be in the Air.** Refresh container gardens with snapdragons, dianthus, mums, petunias, lobelia, crotons & more.
- **Get your transplants in your fall vegetable garden.** Early September is your last chance to get tomatoes and peppers in the ground. Cool-season vegetables such as cauliflower, broccoli, brussels sprouts, cabbage, kale, mustard, lettuce, and kohlrabi can be planted September through January, look for seeds or transplants to add to your garden.
- **Mulch** -Mulching keeps plant roots cooler, weed seeds at bay, and conserves water. Apply 3” deep around trees and shrubs. Add compost around annuals, herbs, vegetables. Do not mound mulch against the base of a plant, this only invites problems for plant.
- **Pests** -Keep an eye out for pests as well as beneficial insects (such as lady bugs which eat aphids). Blast off sucking insects (aphids, mealybugs, etc.) with water and/or spray with insecticidal soap.
- **Hummingbirds – It is migration time!** Keep hummingbird feeders clean, filled, and in a shady area to encourage visitors.
 - **Recipe for Nectar:** Bring 4 cups of water to a boil, add 1 cup of granulated sugar, stir until dissolved. Allow to cool, fill feeders. Keep excess sealed in refrigerator.(no need to add red food coloring)
 - **Natural nectar sources for hummingbirds:** Turk’s cap, Hamelia, Shrimp plant, Firespike, Salvia, Lobelia (cardinal flower), Mexican oregano, Pride of Barbados, Anisacanthus, and cigar plants. These are all hummer magnets.
- **Birds** - Change water regularly in bird baths and keep them full.
- **Flowers** - If you want wildflowers, now is the time to plant the seeds. Bluebonnets, Mexican hat, Drummond phlox, gaillardia, liatris, bluebells, lemon horsemint (*Monarda citriodora*), and plains coreopsis (*Coreopsis tinctoria*) are a few that will add color to your garden and bring the butterflies.

September- Meeting – Thursday, September 29th

Roxanne Yose’s garden 1:00

guest speaker- *Catherine Lee Clark*, Rusty Dog Gardens
Butterfly Gardens

October - Meeting – Thursday, October 13th

Mary Ellen Hensley’s garden 1:00

guest speaker- *Fran Brockington*, Galveston County Master Gardener
- All About bulbs

November –

Meeting – Thursday, November 3rd

Mary Crain’s garden 1:00

guest speaker- *Alex Lekometros*, Bungalow blooms
Cutting Gardens

December –Meeting – Thursday, December 8th

Plant Exchange

DAYTIME BOOK CLUB

Date	Title	Author	Book Leader	Hostess	Address	Hostess Email
						-
10/11/2022	<i>Fresh Water for Flowers</i>	Valerie Perrin	Michelle Higgins	Kelly Higgins	14302 River Forest	khiggins512@aol.com
11/8/2022	<i>The Stationery Shop</i>	Marjan Kamali	Alison White	Dee Twomey	14314 Carolcrest	d2mepphoto@aol.com
1/10/2023	<i>The Girl with Seven Names</i>	Hyeonseo Lee	Frances Steffensen	Roz Nommensen	14507 Oak Bend	Roznomm@yahoo.com

EVENING BOOK CLUB

We are excited to begin our second year of the Evening Book Club. All of the members are enjoying the books, discussions and camaraderie. We have doubled in size over the past year and are considering starting a second group. If you are interested in an evening book club, please be sure to sign up when the Special Interest Group sign ups become available in September. Both old and new members must sign up. Contact Diane Swan at swan.dive@att.net if you are interested in learning more.

FIELD TRIPS

Our Fall Field Trip on Friday, **October 21st** will be a fun-filled shopping spree at 2 popular resale shops in town, as well as a market filled with fabulous handmade goods. Followed by a delicious lunch (see the menu on the website link below), of course! We encourage you to form carpools since the parking may be tough. If you need help finding a spot in a carpool, email alisonw1025@gmail.com.

Here's the schedule for the day:

- 9:00am - carpools leave the neighborhood
- 9:30am - Meet at The Guild Shop (2009 Dunlavy) (Opens at 9:30)
- 10:30am - Meet at Charity Guild (1203 Lovett) (Opens at 10am)
- 11:30am - Meet at Mala Market (1302 W. Gray) (Opens at 10am)
- 12:30pm - Meet at Paulie's for lunch (1834 Westheimer) (pauliesrestaurant.com)

We hope you will join us! **Sign up here:** <https://www.signupgenius.com/go/8050844AF23A7F85-resalehandmade>

~ Ellen and Alison

Hooks & Needles

If you're feeling crafty and creative, come spend an afternoon working on your favorite project with the ladies in Hooks & Needles. Our next meeting is Tuesday, **October 4th at 2pm**. We're meeting at the home of Wendy Powell - 14218 Chadbourne. Bring whatever you're working on - we have knitters, crocheters, needlepointers, embroiderers, quilters and more! For questions, contact Alison White - alisonw1025@gmail.com.



The **Sunshine Committee** is here to share a little kindness!! Please let Us know if there is anyone in the neighborhood needing get well wishes, uplifting thoughts, congratulations, or condolences. Contact Mary Crain mcrain111@aol.com or Susan Pugliano txpugs@hotmail.com. Also, look for the link on the NF Women's Club home page.

Bible Study SIG Starts September 22

We will be studying the **Book of John** this fall with our Non-denominational Bible Study. The group will meet the 2nd and 4th Thursdays of the month beginning **September 22 - December 8**.

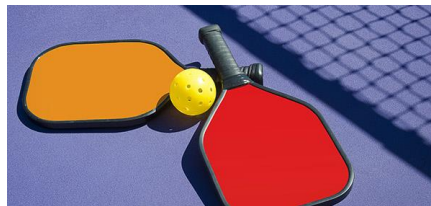
Shirley Asel is ready to go as the leader and looks forward to a great group of ladies! This group will meet in the morning; the time will be determined once the group forms. You can call her at 281-660-3101 with any questions.

What to Expect with Pickle Ball SIG This Fall

So much interest with Pickle Ball at NFC! PB lines were painted on the sport court this summer and the new NFWC net donated in May has had lots of play time. The NFWC Pickle Ball special interest group will resume weekly play in September on Tuesday mornings from 8:30-10:30 (9:00-11:00 when it cools down) . Sign-ups will be weekly via Sign-up Genius, managed by Betsy Barton who has agreed to lead the group. Let Betsy know if you are interested in playing and she'll add you to the distribution list (your 2022-23 NFWC membership dues must be current).

For ladies who are NFC and NFWC members, the NFWC net is in a black storage box between pool slide and sport court; the code is 2023. You'll need to book the court via Skedda, the club's reservation system. NF Tennis Pro Keith Burford 713/240-2424 and past NF Tennis Pro Pierre Turmel 281/935-1906 have upped their game and are available for lessons as well.

Not a member of the Nottingham Forest Club but want to be?? Please contact Stephanie Savage at nfclub@sbcglobal.net for membership information. There is currently one tennis-only membership available.



NFWC Daytime Dining

The daytime dining will meet the first Tuesday, October 4th at 11:30 at a restaurant still to be selected.

Next Fun with Games Night:

Our next Fun with Games Night will be at 6:30pm, Monday, September 12, 2022, at 518 Kickerillo.



GOURMET/FOODIE GROUP

Hello Gourmet Gals we have lots of exciting things in the works for the Gourmet Club. Be sure to pay your dues to NFWC and then sign up for the Gourmet Club so that I will have your email address. Some of the events will be in the evening and some will be in the afternoon. What should you plan on looking forward to? Making enchiladas with Sylvia - from Sylvia's Enchilada Kitchen, Knife Skills class, and a Heights food tour to name a few. There will be a limited number of spots for each event, your RSVP will secure your spot once you have paid. Looking forward to cooking and sharing good times with you. If you have any questions feel free to contact me, kellyeb6@gmail.com or 713-562-8641.

Kellye Brown

HAPPY HOUR GROUP

The Happy Hour Special Interest Group will once again meet a few times throughout the year for fun happy hour get togethers. Mark your calendars for the following dates:

Dec.1st - Holly Jolly Happy Hour (Kim Wood's house)

March 9th – Picnic in the Park (NFC Park)

April 20th – Summer theme TBD(ellen Popejoy's house)

